

Neil Cummins Hot Lunch Menu Fall 2009

Main entrée items rotate each week.

*Indicates vegetarian entrée

Kindergarteners receive a bagged lunch that includes the most popular main dish and sides for that day.

Monday – American Day

Choice of Hot dog or Turkey Chili with optional cheese on top, or *Veggie dogs
Choice of Hot Dog or Hamburger with Potato Wedges, or *Veggie dogs

Tuesday – La Fiesta Day

Choice of Turkey, Rice, Bean & Cheese Burrito/Taco or Rice, Bean & Cheese Burrito/Taco
Choice of Chicken Enchiladas or Rice, Bean & Cheese Burrito
Optional sour cream and homemade salsa on side

Note: Burritos are made-to-order on site to accommodate your child's dietary needs and preferences. (Grades 1-4 only.)

Wednesday – Pizza Day

Stefano's Pizza, organic baby carrots and organic sliced apples

Thursday – Pasta Day

Spaghetti pasta with your choice of *Marinara, Parmesan Cheese, Meat Sauce, or Pesto
Penne pasta with your choice of *Marinara, Parmesan Cheese, Meat Sauce, or Pesto
Homemade Garlic Bread

Friday – Chicken Day

White Meat Teriyaki Chicken with Steamed Rice, optional side of Gingered Broccoli
*BBQ Tofu
Breaded White Meat Chicken Strips or Macaroni & Cheese, optional side of Corn
And dipping sauces for chicken
*BBQ Tofu

Daily Side Rotations – (except Wednesday)

Fresh Organic and Seasonal Fruit (2 choices daily)
Mixed Green Salad with either homemade Ranch or Caesar dressing
Fresh cut raw veggies – baby carrots, cucumbers, celery and cherry tomatoes
Hard Boiled Eggs
Whole Wheat Bagels and Cream Cheese
Vanilla Yogurt with Homemade Granola on top, or just plain Granola